



Video Visits

a picture is worth a thousand words

The next time you schedule an appointment at Kaiser Permanente, you may be offered a video visit with your doctor.

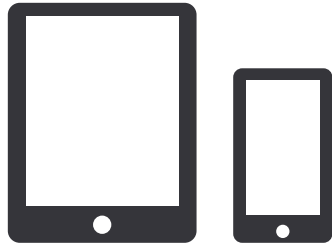
- Convenient access from your home or office
- Secure and easy way to visit your doctor
- Saves travel time and expense

All you need is a computer with a high-speed internet connection and a webcam or a smartphone mobile device (iOS iPhone or iPad or Android mobile device) using the latest version of the KP Preventive Care App.

Visit kp.org/mydoctor/videovisits for more information.

Join Your Video Visit

Join on Mobile



Go to kp.org/mydoctor/videovisits.



Choose "Get the App"
to download KP
Preventive Care App.

Open the app & log-in using your
kp.org username.

*If you do not have a kp.org username, tap "Sign In
Help" at the bottom and follow the prompts to sign
in with your medical record number.*

Go to "Appointments".
Tap "Join" to start your video visit.

Join on Computer



Go to kp.org/mydoctor/videovisits.

STEP
1
WWW.

STEP
2



Click "Get Prepared" and follow the
instructions for downloading and
installing the Vidyo Web plug-in.

STEP
3



Click "Join Your Video Visit" to start
your visit.

Need Help? Go to kp.org/mydoctor/videovisits and click "Video Visit Support".