

LiveHealth Online

Gives your employees easy and convenient access to the care they need.

Using LiveHealth Online, your employees can see a board-certified doctor or psychiatrist, licensed therapist or lactation consultant through live video on their smartphone, tablet or computer with a webcam. LiveHealth Online is quick, easy to use and will help your employees get the care they need when they need it. All they have to do is sign up online or use the free mobile app to access:



Board-certified doctors.

English speaking doctors are available on demand 24/7 with no appointments or long wait times! Doctors on LiveHealth Online can assess an employee's condition, give medical advice and even send prescriptions to the pharmacy of their choice, if needed.¹

Using Cuidado Medico on LiveHealth Online members can visit with a Spanish speaking board-certified doctor by appointment 7 days a week.



Licensed therapists or board-certified psychiatrists.

If they're feeling anxious or have trouble coping on their own, employees can talk with a therapist online. In most cases, they can set up a visit and see a therapist in four days or less.² And starting 1/1/2018, employees will be able to visit with a psychiatrist by appointment for medication management support.³



Future Moms with Breastfeeding Support on LiveHealth Online.

Members can have live video visits with a lactation consultant, counselor or registered dietitian experienced in giving support for lactation and nutrition. These online visits are at no extra cost to your employees and family members — they're already included in the Future Moms program.

LiveHealth Online helps your employees feel better faster

Encouraging early registration will lead employees to use LiveHealth Online in their time of need. In fact 30% of people who register go on to have a visit within the same year⁴.

Use the LiveHealth Online Quick Start Guide to access our 3 step promotion plan!



LiveHealth
ONLINE

¹ Prescription availability is defined by physician judgment.

² Appointments subject to availability of a therapist.

³ Prescriptions determined to be a "controlled substance" (as defined by the Controlled Substances Act under federal law) cannot be prescribed using LiveHealth Online. Psychiatrists on LiveHealth Online will not offer counseling or talk therapy.

⁴ Based on LiveHealth Online utilization trends from top 10 national clients.

LiveHealth Online is the trade name of Health Management Corporation, a separate company providing telehealth services on behalf of Anthem Blue Cross.

Online counseling is not appropriate for all kinds of problems. If you are in crisis or have suicidal thoughts, it's important that you seek help immediately. Please call 1-800-784-2433 (National Suicide Prevention Lifeline) or 911 and ask for help. If your issue is an emergency, call 911 or go to your nearest emergency room. LiveHealth Online does not offer emergency services.

Anthem Blue Cross is the trade name of Blue Cross of California. Anthem Blue Cross and Anthem Blue Cross Life and Health Insurance Company are independent licensees of the Blue Cross Association. ANTHEM is a registered trademark of Anthem Insurance Companies, Inc.