

# Resources in Times of Need

## California

Below you will find a set of resources in California that can help you get connected to tangible supports:

### Food Assistance

#### CalFresh

<https://www.getcalfresh.org/>  
(866) 613-3777

#### California Association of Food Banks

<https://cafoodbanks.org/find-food-bank>

#### Women, Children & Infants Program

<https://www.phfewic.org/how-wic-works/apply-for-wic/>  
or (800) 852-5770

### Financial Resources

#### Apply for Unemployment

<https://www.edd.ca.gov/unemployment/>  
1-866-333-4606

#### Cash Assistance: CalWorks

<https://www.cdss.ca.gov/calworks>

#### Apply for Public Assistance

<https://www.cdss.ca.gov/benefits-services>

### Housing

#### US Dept. Housing and Urban Development (HUD)

<https://www.hud.gov/states/california/renting>  
1-800-CALL-FHA

### Utilities and Mobile Phone Resources

#### Low-Cost Internet/Computer Access

<http://broadband.unitedwaysca.org/>

### Interpersonal Violence

#### National Domestic Violence Hotline

1-800-799-7233 or 1-800-799-SAFE

#### CA Partnership to End Domestic Violence

[Find Local Programs Here](#)

### Childcare

#### National database of resources in local communities

<https://www.childcareaware.org/resources/ccrr-search-form/>

#### School-age programs at local YMCAs / YWCAs

[Find your YMCA](#) and [Find Your YWCA](#)

#### CA Child Care Resource & Referral Network

<https://rrnetwork.org/family-services/find-child-care>

### Other Resources

#### Resource Covid-19 CA Response

Covid-19 CA Response  
<https://covid19.ca.gov/>

#### How to apply for coverage

<http://www.kp.org/medi-cal>  
[www.CoveredCA.com](http://www.CoveredCA.com)  
<https://continuecoverage.kaiserpermanente.org/losing-job-coverage/>

#### Mental Health

<https://findyourwords.org/>

#### California 211

<https://www.211ca.org/> or Dial 211

#### American Job Centers

<https://www.dol.gov/general/topic/training/onestop>

#### Resource for Californians impacted by job loss

<https://onwardca.org/>

