

Stay informed of your resources!

Employee Assistance Program offers ways to navigate and cope with the COVID-19 outbreak.

We are here for you

24/7

1-800-854-1446

www.unum.com/lifebalance



Need help?
Call a
counselor
today.

Covid-19 Support

- Covid-19 webinars and materials to help with stress management, wellness, substance abuse, etc.
- Covid-19: "Facts You Need To Know"- most recent information from CDC and the WHO
- All eligible employees, their spouses and domestic partners, dependent children, parents and parents-in-law
- Unlimited telephonic and online access to your EAP program
- Face to Face video counseling (3 visits per issue)

Coronavirus (COVID-19): Resources

Educational and Developmental online resources to assist during the Coronavirus Pandemic

[LEARN MORE](#)

Save time! Go Mobile!

Secure and easy claims process

Convenient access, day or night

Sign and submit necessary forms

1. Go to www.unum.com/claims
2. Returning users, please log in with your user ID and password
3. First time users, please register an account to file a new claim or leave, review the status of an existing claim, or view documentation



The Medical Bill-Saver Advantage

- Skilled negotiating team works with provider(s) to get a discount, saving you money!
- Offering expert advice on how to keep bills lower in the future
- Utilize this feature to help manage financial stress



www.unum.com/lifebalance

1-800-854-1446