Anthem ⊕

How your health plan helps you handle COVID-19

You have benefits that you can count on

We know these are challenging times, and want you to know that Anthem remains deeply committed to supporting you and the communities we serve as we join together as a nation to weather this health crisis. If you need help, we're here for you. The following information explains how, and you can visit **anthem.com/ca/coronavirus** to learn more.

Get COVID-19 treatment at no cost

If you're diagnosed as having COVID-19, you won't have out-of-pocket costs if you get treatment for COVID-19 from doctors, hospitals, and other health-care professionals in your plan's network from April 1 through May 31, 2020.*

Get a COVID-19 test at no cost

All Anthem plans cover COVID-19 testing and the care visit where the test takes place with no out-of-pocket costs. You can find a COVID-19 testing location by visiting **anthem.com/ca/coronavirus** and selecting **Find a COVID-19 Test Facility**. But make sure you talk to a doctor first to be certain you need a COVID-19 test. A doctor must order a COVID-19 test for you.

Visit a doctor from home at no cost

We're covering your telehealth visits with doctors in your plan until further notice. That means no co-pays or other cost sharing. That includes LiveHealth Online telehealth visits and Virtual Care text chats.

These no-cost options for telehealth are available to Anthem members in Fully Insured, Individual, and Medicare Advantage plans — and in Medicaid plans where permitted. Most other plans include telehealth as part of their benefits. If telehealth isn't part of your plan's benefits, you may have out-of-pocket expenses. Members with self-insured plans can call Member Services at the number on their ID card to find out about out-of-pocket costs.

Get information about your symptoms at no cost

The Sydney Care mobile app is a quick and easy way to find out what your symptoms may mean without leaving home. The app's Coronavirus Assessment tool is always free. It uses guidelines from the Centers for Disease Control and Prevention (CDC). And Sydney Care can connect you to a doctor for a telehealth visit after you use its Coronavirus Assessment feature. Sydney Care is available for iOS and Android devices. It works together with your Sydney Health or Engage Wellbeing app.

Learn more about COVID-19 at **cdc.gov/coronavirus**.